



The Ladder Group
 We rise by lifting others.
 Robert G. Ingersoll (1833-1899)

www.theladdergroup.net

Children and Young Persons Contract

1. **Sessions:** Are usually 50-60 minutes, sometimes I will check part way through that you are doing OK with things.
2. **Frequency:** Sessions will be once a week, usually on the same day at the same time. We will have about 8-10 sessions together and I will check how you think things going for you halfway through. If we need more sessions together after our first 8-10 sessions we can arrange for that as we go along.
3. **Confidentiality:** Everything we talk about is considered private and will not be shared with anyone. However our confidentiality may be broken if I have concerns about your safety or the safety of anyone else. I will always talk to you about this first before I talk to anyone else.
4. **Cancellations & non-attendance:** Sessions are agreed and arranged in advance; if you can't make it please let me, your parent or teacher know. Cancellations must be done at least 24 hours beforehand. If you don't turn up and you, or someone representing you, hasn't let us know beforehand about cancelling your session, we will always get in touch you or someone close to you to check you are OK.
5. **Record Keeping:** Brief notes are made and kept confidentially and securely on a computer. You may wish to keep your own notes about our sessions together in a journal.
6. **If you have a problem** with anything I do or say report it to your teacher or parent and ask them to contact Lee Whitworth at lee@theladdergroup.net.
7. **If we are having a video / Zoom / Facetime session:**
 - a. If agree to have our sessions together by Zoom or phone please check you have a good internet connection and a suitable phone, tablet or PC.
 - b. Please dress appropriately even though you might be at home.
 - c. Please avoid using your phone or walking around. Sometimes the potential for noisy feedback can interfere with sessions and a headset/ear phones can help with this, if available.
 - d. I may ask you to show me around the room you are Zooming from so I know you are in a safe and private place.

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| <i>I have explained the above contract to the CYP below and have checked that they have parental permission to be supported by The Ladder Group.</i> | <i>Relationship to the young person (e.g. teacher)</i> |
| Signed | |
| Print | Date |
| <i>I understood the above contract and agree to taking part.</i> | <i>Relationship to the person above</i> |
| Signed | |
| Print | Date |